

NATURE IS ON THE SIDE OF THOSE
WHO PUT THEIR TRUST IN HER

VACATIONS



HERE are three good reasons why all employes should have vacations. One is so the employer can see how easily anybody and everybody's place can be filled. The next is so the employe can see, when he returns, how well he can be spared, since things go right along without him. The third is so the employe can show the employer, and the employer can understand that the employe is not manipulating the accounts or engineering deals for his own benefit. Many a defalcation could have been avoided had the trusted man been sent away for a few weeks every year, and an outsider put in his place. Beyond these, the vacation has little excuse.

As a matter of recuperation the vacation does not recuperate, since as a rule, no man

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needs a vacation so much as the person who has just had one.

The man who is so run down that he needs a vacation can never adjust or reform himself in two weeks. What he really needs is to reform his life.

To work during the year at so rapid a pace that in August one's vitality is exhausted, and a rest demanded is rank folly. What we all need is enough vacation every day so that we can face each morning with health sufficient to do our work in gladness. That is to say, we need enough of a play-spell every day to keep us in good physical condition. The man who is done up and fagged out has not found his work. And the man who lives during the year in anticipation of a vacation does not deserve one, for he has not ascertained that it is work, and not vacations, that makes life endurable.

There be good people who travel by the gorge route so incessantly that their livers finally go on a strike, palates finally declare a lock-out, and then they laud Bernarr

Mac Fadden, and proclaim fasting a virtue. All this until reasonable health returns, when they again buy commutation tickets via the whirlpool and play hockey with their in'ards. If you hustle so continually that your system demands a vacation, you have gotten where you cannot do good work.

If you have reached a point where you can not do good work, you can not enjoy your vacation. If you absolutely need a vacation you are not in the mood to enjoy it, because it is thrust upon you by necessity, willy-nilly. Things forced upon us are never pleasant. The only man who can really enjoy an outing is the man who does not need it. And the man who keeps his system so strong and well balanced that he does not need a vacation is the one who will eventually marry the proprietor's daughter and have his name on the sign ✻ Before you manage a business, you would better learn how to manage your cosmos.

I know, because I take vacations myself.